

# **My Waldorf Year**

## **Planning Guide & Workbook**

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My Waldorf Year Planning Guide : Was created to use with The Waldorf Enrichment School Curriculum & Lesson Plans at [www.waldorfschoolonline.com](http://www.waldorfschoolonline.com) . However, it can also be used to help you create your own curriculum or to "plug in" various curriculums that you are using. This guide took 4 years to create and has received great feedback from all types of homeschoolers.

If you find this guide useful consider ordering an E-book from the online store at: [www.TheWaldorfChannel.com](http://www.TheWaldorfChannel.com) to support these FREE resources! Thank You!

#### **What is this guide?**

This guide is what I use to plan my classes each year. I started with schooling my own children using Waldorf. Next I started a co-op with a friend and later I ran a Waldorf Enrichment School with over 40 families. At the same time I was still responsible for cooking, cleaning and all those other parenting chores we all share! So after a few months of planning I realized that if I wanted to accomplish all of the goals we had that I would have to make a plan.

This is NOT a schedule. This could be used to plan a schedule but it is not that. This is an outline of the basic spiritual goals, Waldorf goals, and other goals we planned for the year. This is also a list of important holidays and events that we celebrate each year. By using this as a guide and by posting this near our schooling area, I can easily “see ahead” to what is coming and plan accordingly. I also use this guide as a pattern for my lesson plans. For me, this is like a “fill in the blanks” Waldorf Enrichment Plan.

When I first started creating my lesson plans online I used this planner as my guide so all my lesson plans online are organized according to this guide. As I add to the lesson plans I also keep this guide in mind. It makes adding to the year easy. By using a pre-set outline I know that I am not repeating lessons at the wrong time or doing too much or not enough of one thing. I can also be confident that I am covering what the children need to be learning at each stage of our homeschooling journey.

For example, I have assigned a few months a year to candlemaking. This ensures that I will cover the art of candlemaking and we will explore it, but that I won't be doing it all year and ignoring other important handiwork. Another example would be with how I organize and choose verses each month. By assigning THEMES to each month I can easily add stories and verses to the appropriate month without worrying about duplicating my work.

In this guide you will find my charts for daily rhythm, weekly rhythm, monthly rhythm and yearly cycles. I have included an index so you can reference this and find what you need easily and quickly. I recommend printing this out and keeping it in a planning binder and/or posting some of the pages near your homeschooling work space.

# INDEX

Inner Planning	
The Spiritual Base.....	Page 2
The Meaning Behind Waldorf.....	Page 4
Age Specific Milestones.....	Page 6
The Four Rhythms	
The Daily Rhythm .....	Page 10
The Weekly Rhythm.....	Page 10
The Monthly Rhythm.....	Page 11
The Cycle of the Year.....	Page 12
Holiday Details & Dates for 2008.....	Page 20
Lesson Planning Chart	
Sample Lesson Plan	

## Inner Meanings

### The Spiritual Base

This is the first thing you need to plan before you plan your daily, weekly and yearly schedules.

Exposure to nature and natural materials. All toys in the toy room and crafts are made from natural materials. Candles are made from beeswax and not paraffin, tablecloths are cotton and not plastic. Cups are ceramic and not plastic, dress-up costumes are silk, wool and cotton and not package.

Reverence for Nature: This is done by taking nature walks and pointing out things in nature a child may not see. So far this year we have used the branches of a banyan as a swing, we have used a fallen truck as a jungle gym and have watched a line of ants (meters long!) storing food